



# Giridhar Burra, M.D.

## Sports Medicine

Staff Physician, Hinsdale Orthopaedics

Dr. Burra was one of the first surgeons in the Chicago area to receive board certification in the field of Sports Medicine. He completed a fellowship in Sports Medicine at the American Sports Medicine Institute under Dr. James R. Andrews, receiving specialized training and extensive experience in treating athletes with throwing injuries. During his career Dr. Burra has treated athletes from the Chicago White Sox, New York Jets, Rangers and Islanders professional sports teams. He also is the orthopaedic surgeon of choice for the Joliet Jack Hammers semi-professional baseball team, as well as numerous college and high school athletes.

Dr. Burra joined Hinsdale Orthopaedics in 2005 after four years of successful private practice in the southwest suburbs of Chicago. He specializes in arthroscopic surgery and the treatment of patients who suffer from complex injuries of the shoulder, elbow and knee joint. Dr. Burra routinely treats complex sports related injuries applying his years of experience and specialization in this field. He serves as the Team Physician for Benedictine University, Bolingbrook High School and Lincoln Way West High School.

Dr. Burra is known for his evening Sports Medicine Injury Clinics, at Hinsdale Orthopaedics' Naperville office. In these popular clinics, he personally educates coaches, athletic trainers and athletes on proper training techniques, such as pitching clinics to correct poor throwing mechanics, injury prevention clinics and many other sports related topics. He welcomes area coaches, trainers and physical therapists to join him to learn about the diagnosis and treatment of the injured athlete.

Dr. Burra is an author of numerous research papers on the mechanics of the rotator cuff and articles on athletic injuries of the shoulder and elbow. He is a featured lecturer, both nationally and internationally, on the management of sports injuries. He is a recognized leader in the training of surgeons across Latin America and Asia.

### Dr. Burra has office hours at the following locations:

- Naperville
- New Lenox

### Medical School:

S.V. University & University of Health Sciences, A.P, India

### Internship:

Brown University, Providence, RI

### Residency:

Lenox Hill Hospital, NY

### Fellowship:

Sports Medicine & Arthroscopy American Sports Medicine Institute, Birmingham, AL

### Board Certification:

- Sports Medicine
- Orthopaedic Surgery

### Areas of Specialty:

- Arthroscopic Rotator Cuff Repair
- Arthroscopic Shoulder Stabilization
- Shoulder Replacement
- Knee Ligament Reconstruction
- Meniscal Repair & Transplantation
- Cartilage Restoration
- Elbow Ligament Reconstruction
- Management of Sports Related Injuries

### Current & Previous Appointments:

- Partner, Hinsdale Orthopaedics specializing in Shoulder, Elbow and Knee Arthroscopy
- Staff Physician, Edward Hospital, Good Samaritan Hospital, Salt Creek Surgery Center, Silver Cross Hospital and Plainfield Surgery Center
- Team Physician, Lincoln Way High School

### Professional Memberships:

- American Academy of Orthopaedic Surgeons
- American Orthopaedic Society for Sports Medicine
- Arthroscopy Association of North America

