



Steven C. Chudik, M.D.

Shoulder, Knee, Sports Medicine & Arthroscopy

Staff Physician, Hinsdale Orthopaedics

Board certified in both orthopaedic surgery and sports medicine, Dr. Chudik is an expert in the management of sports-related injuries and the arthroscopic repair of tendons, ligaments and cartilage of the shoulder, knee, elbow and ankle. Dr. Chudik is renowned for educating his patients on their orthopaedic conditions and helping them develop a personalized treatment plan that will most quickly and safely return them to their previous level of activity.

Practicing at the Orthopaedic Sports Performance Institute at Hinsdale Orthopaedics since 2002, Dr. Chudik cares for over 5,000 patients and performs over 500 surgeries for the shoulder and knee per year. He treats "athletes" of all kinds, from professional, collegiate and high school athletes to injured workers and other individuals suffering from arthritis whose goal is to stay active and healthy.

A graduate of the University of Chicago Pritzker School of Medicine, Dr. Chudik continues his academic pursuits as a Clinical Assistant Professor for Loyola University of Chicago where he collaborates with other faculty and teaches orthopaedic residents and medical students. Dr. Chudik has established an orthopaedic research and education foundation that funds research, conferences and seminars for other healthcare professionals and community members, a newsletter and an athletic training fellowship, all to promote safe, active and healthy lifestyles for people in his community.

Dr. Chudik is an active researcher, collaborating with scientists at Argonne National Laboratory and Hines VA Musculoskeletal Biomechanics Laboratory to help develop new and improved orthopaedic treatments for his patients. He is an author of numerous papers and patents and continues to strive to develop new, innovative and minimally invasive shoulder and knee surgical procedures. He is a reviewer for two prestigious orthopaedic journals; the American Journal of Sports Medicine and Arthroscopy: The Journal of Arthroscopic and Related Surgery. Dr. Chudik is a member of the Council of Delegates as well as a committee member for the American Orthopaedic Society of Sports Medicine. He serves as a Faculty Instructor for the American Academy of Orthopaedic Surgeons, the American Shoulder and Elbow Society and the Arthroscopy Association of North America where he lectures and demonstrates new and advanced surgical techniques to other orthopaedic surgeons from around the world. He also serves as a team physician and member of the High Performance Network for USA Swimming.

Clinical Support Staff:

- Katie Dastych, ATC

Dr. Chudik has office hours at the following locations:

- Westmont

Visit Dr. Chudik's website:

- www.Stevenchudikmd.com

Medical School:

University of Chicago, Pritzker School of Medicine

Residency:

University of North Carolina Hospitals - Orthopaedic Surgery

Fellowship:

Hospital for Special Surgery, New York, NY - Sports Medicine and Shoulder Surgery: Ranked the #1 Orthopaedic Hospital in the United States

Board Certification:

- Orthopaedic Surgery
- Orthopaedic Sports Medicine

Areas of Specialty:

- Arthroscopic rotator cuff repair
- Arthroscopic knee ligament reconstruction (ACL, PCL)
- Arthroscopic ACL reconstruction in growing children
- Arthroscopic shoulder stabilization
- Arthroscopic glenoid (shoulder) reconstruction
- Arthroscopic cartilage and meniscus repair
- Patellar (kneecap) stabilization
- Minimally Invasive Shoulder Replacement
- Arthroscopic Ankle and Elbow Surgery
- Elbow Ligament Reconstruction (UCL, Tommy John Procedure)
- Shoulder Fracture Repair (Clavicle, Proximal Humerus, Glenoid)
- Intramedullary fixation of clavicular fractures

Current Appointments:

- Staff Physician, Hinsdale Orthopaedics
- Director, Orthopaedic Sports Performance Institute
- Clinical Assistant Professor, Loyola University of Chicago
- Research Associate, Argonne National Laboratories
- Research Associate, Hines VA Musculoskeletal Biomechanics Laboratory
- Faculty Instructor, American Academy of Orthopaedic Surgeons, the American Shoulder and Elbow Society, and the Arthroscopy Association of North America
- Founder, Orthopaedic Surgery and Sports Medicine Teaching and Research Foundation
- President, Orthopaedic Technologies
- Team Physician, High Performance Network, USA Swimming
- Reviewer, *Arthroscopy: The Journal of Arthroscopic and Related Surgery*
- Reviewer, *American Journal of Sports Medicine*

Professional Memberships:

- American Academy of Orthopaedic Surgeons (AAOS)
- American Orthopaedic Society for Sports Medicine (AOSSM), Committee Member, Illinois Delegate
- Arthroscopy Association of North America (AANA)

