

2010 Surgical Skills Training Symposium Program

HIP ARTHROSCOPY SYMPOSIUM

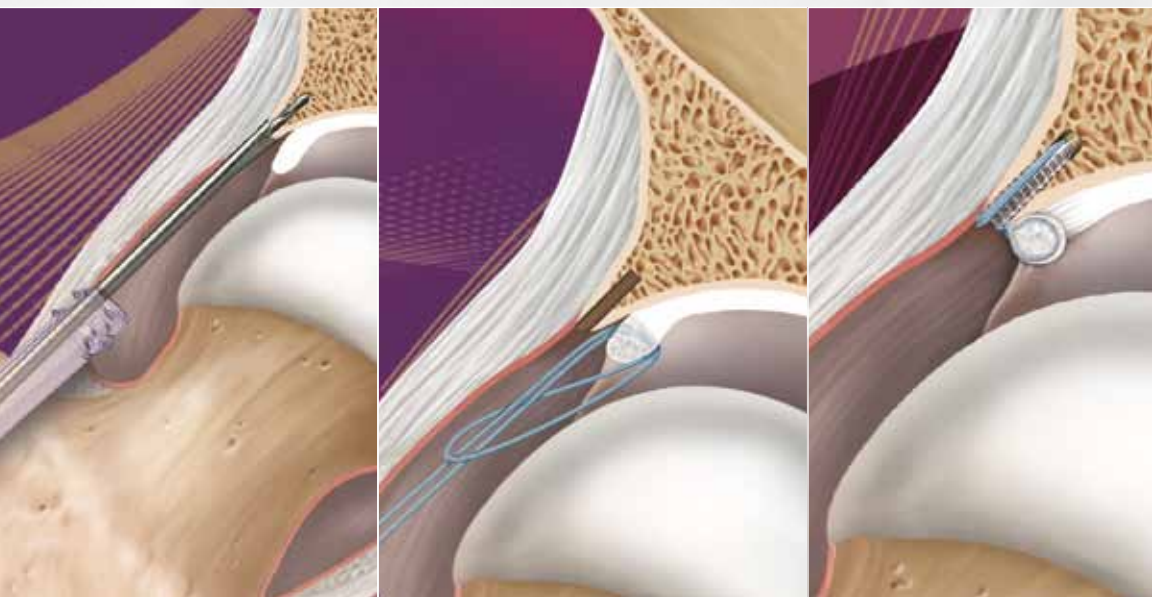
OCTOBER 1-2, 2010
Chicago, Illinois

Chairman:
Benjamin Domb, M.D.

Faculty:
Mark Adickes, M.D.
John Christoforetti, M.D.
Michael Gerhardt, M.D.
John Heinrich, M.D.
Justin LaReau, M.D.
Steven Louis, M.D.
Claudio Mella, M.D.
Rafael Sierra, M.D.



Individualized cadaveric surgical skills learning incorporating new, state-of-the-art technology in arthroscopic and least invasive orthopaedic surgical procedures



The two-day comprehensive surgical skills symposium, to be held at the Hyatt Regency of Chicago on the Riverwalk, is designed to expose surgeon attendees to the latest surgical technique concepts in hip arthroscopy.

Using surgical demonstration, dry models and cadaveric exercises, attendees will take part in hands-on wet lab sessions, as well as have an opportunity to engage in discussion with surgeon instructors in a relaxed learning environment.

Day 1 – Friday, October 1

7:00 am	Welcome and Breakfast
8:00 am	Opening Remarks and Introduction of Faculty
8:10 am	OVERVIEW OF PATHOLOGY OF THE HIP & PELVIS
8:25 am	INTRODUCTION TO HIP PRESERVATION <ul style="list-style-type: none">• Patient Assessment - History and Physical Exam• Imaging of the Hip• Diagnosis: Putting it All Together• Arthroscopic Anatomy of the Hip• Safe Access: Patient Positioning, Portal Placement, Capsulotomy• Indications for Hip Arthroscopy• Discussion
10:30 am	Break
11:00 am	FEMORO-ACETABULAR IMPINGEMENT (FAI) <ul style="list-style-type: none">• Acetabular Rim: Pincer Impingement• The Labrum: Pathology and Treatment• Discussion
11:50 am	SURGICAL DEMONSTRATIONS <ul style="list-style-type: none">• Labral Detachment and Rim Trimming• Labral Base Refixation
12:30 pm	Lunch
1:15 pm	FEMORO-ACETABULAR IMPINGEMENT (FAI) cont'd <ul style="list-style-type: none">• Peripheral Compartment: Cam Impingement
1:30 pm	SURGICAL DEMONSTRATION <ul style="list-style-type: none">• Femoral Osteoplasty
1:45 pm	DYSPLASIA <ul style="list-style-type: none">• Arthroscopy in Dysplasia: When to Do it and What to Do• Periacetabular Osteotomy (PAO)• Combined Approach: Arthroscopy and PAO
2:30 pm	WET LAB EXERCISES <ul style="list-style-type: none">• Arthroscopic Access• Portal Placement and Capsulotomy• Labral Detachment and Rim Trimming• Labral Repair and Refixation
5:30 pm	Refreshments
6:30 pm	Dinner

Day 2 – Saturday, October 2

7:00 am	Breakfast
8:00 am	INTRA-ARTICULAR PROBLEMS BEYOND FAI <ul style="list-style-type: none">• Hip Instability• Ligamentum Teres
8:30 am	OPEN HIP PRESERVATION <ul style="list-style-type: none">• Open Surgical Dislocation for FAI• Open Surgical Dislocation for Perthes and Congenital Hip Deformities
9:00 am	EXTRA-ARTICULAR PATHOLOGY <ul style="list-style-type: none">• Iliopsoas Impingement and Internal Snapping Hip• Peritrochanteric Space and Gluteus Medius Tears

- 9:45 am **SURGICAL DEMONSTRATIONS**
- Capsular Repair and Plication
 - Peritrochanteric Space and Gluteus Medius Repair
- 10:15 am **Break**
- 10:45 am **CHALLENGES IN HIP PRESERVATION**
- Hip Arthroscopy: How Much Arthritis is Too Much?
 - Too Much Arthritis: Minimally Invasive Arthroplasty
 - Complications and the Failed Hip Arthroscopy
 - The Learning Curve in Hip Arthroscopy
- 12:00 pm **Lunch**
- 12:45 pm **HIP PRESERVATION: BACK TO BASICS**
- Postoperative Care and Rehabilitation
 - Evidence and Outcomes in Hip Preservation
- 1:15 pm **ROUND TABLE DISCUSSIONS**
- Case Presentations
 - Controversies in Hip Arthroscopy
 - The Future of Hip Preservation
- 2:00 pm **WET LAB EXERCISES**
- Iliopsoas Release
 - Femoral Neck Osteoplasty: FAI/Cam Lesions
 - Peritrochanteric Compartment and Gluteus Medius Repair
 - Open Surgical Dislocation
- 5:00 pm Adjournal



Hyatt Regency of Chicago on the Riverwalk

151 East Wacker Drive, Chicago, Illinois 60601
 Telephone: 312.565.1234 • Fax: 312.239.4414

Directions from O'Hare International Airport

Take Kennedy Expressway (I-90/94) East to the Ohio Street exit. Proceed on Ohio Street to State Street and turn right. Turn left at Wacker Drive. Hotel will be down approximately 2 blocks on the right.

CHAIRMAN



Benjamin G. Domb, M.D.
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Institute

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FACULTY



Mark S. Adickes, M.D.
Faculty- Roger Clemens Institute,
Memorial Hermann Hospital,
Houston, TX

Team Physician: Houston Rockets;
US Ski Team; Houston Livestock
Show & Rodeo; St. Thomas
University



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Associate Master Instructor for
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Associate Professor of
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Contact your Arthrex representative to register